



2019 Player Registration FAQ

Who can play in the Indiana Women's Flag Football League (IWFFL)?

Any fun-loving woman 21 years of age and up. No football experience is necessary (though some basic knowledge of the sport is useful).

How much does it cost to play in IWFFL?

Our player registration fee is only \$40! Pretty affordable, right? The league has worked hard to gather sponsors and keep player costs low. IWFFL provides team tshirts (your uniform) and all sport equipment (i.e., flags, field markers) and first aid essentials. *We recommend players purchase plastic molded cleats (no metal cleats) to increase grip on the field (traditional athletic shoes are also allowed).*

What if I register but decide not to play? Do I get a refund?

You need to tell us ASAP if you will not be playing in IWFFL this season because we usually have a waiting list. If you decide not to play, your \$40 registration fee will be considered a donation to the league. We do not make a habit of refunding Player Registration fees except for legitimate reasons (i.e., "I'm knocked up!"). If you would like to request a refund, please contact Kaycee Newell at indianawomensflagfootball@gmail.com to discuss your personal situation.

Where and When are IWFFL games played?

Games are played at Mack Park Grandstand Field on Thursday evenings at 7:00pm. Please use the entrance off Hospital Drive and park by the field entrance. Games consist of two 30-minute halves with a 5 minute break.

How long is the IWFFL season?

IWFFL is a 12-week summer league. Each team is guaranteed (9) regular season games and (2) post-season games. Four teams will go on to compete in the Golden Tree Cup Championship or the Dead Tree Bowl. *We also have (2) scheduled pre-season events that players are STRONGLY ENCOURAGED to attend (see attached schedule for details).*

Must players attend every game in order to register for the league?

Not at all! Each of our teams has a roster of 10-14 players that can handle some absences here and there. We expect that players will take summer vacations and have other obligations from time to time. However, we ask that you look over your summer plans to be sure you can make at least 60% of the games. *If you know in advance that you cannot make half of the games, we ask that you wait until next year to sign up. Teams compete most effectively when all players are committed.*

Are there mandatory team practices?

If/when your team chooses to practice is up to you as a group. Practices aren't required but they are very helpful. Some teams choose to practice a little before each game, the day before each game, or just before big games. If your team includes women who travel a long distance to participate, we recommend trying to practice before right games to ensure everyone gets a chance join. Your team captains will communicate with you regarding practices.

What if I don't get along with my team? Can I change teams mid-season?

We do not allow players to switch teams during the season. Please expect some level of conflict within your team from time-to-time. Our best advice is to leave your issues on the field and join everyone for post-game drinks (at Brunzies Bar & Grill - an IWFFL sponsor). If you truly wish to switch teams, you will have a chance to sign up for a new team during the next season. *However, If your team dynamic becomes aggressive or combative, please notify Kaycee or Tara so we can help to resolve the issues (if necessary).*

Does IWFFL have special rules?

Yes, the IWFFL maintains their own Rules of Gameplay. Please familiarize yourself with our rules prior to the first game. Rules will be emailed to all players before the start of the season.

Who officiates the games?

One (or 2) IWFFL Referees will officiate each game. Referees will be women or men who volunteer their time to help the league. The goal of IWFFL referees is not to nitpick every error but to ensure fair and smooth gameplay, resolve disputes, and track downs. We expect all players and fans to RESPECT THE REF.

Does IWFFL provide medical insurance for injuries?

IWFFL does NOT provide medical insurance to players. Each player must provide their own medical insurance. We do require that ALL players sign a IWFFL General Liability Waiver as well as our General Liability Insurance Waiver acknowledging that they are willingly participating in an adult flag football league, and agree not to hold the IWFFL or Mack Park liable for any injuries or harm that may result from their participation.

2019 Season Schedule

PRESEASON EVENTS:

T-Shirts, Waivers & Beer

Thursday, May 9 @ 8 pm

Levity Brewing Co.

Great time to meet your team (or reconnect), grab your team shirt, and sign your waivers.

New Rules Orientation & Scrimmage

Thursday, May 16 @ 7 pm

Mack Park Fields

VERY IMPORTANT! We go over basic rules (new and old) and play a short scrimmage.

2019 GAME SCHEDULE:

All regular season games start at 7:00pm, Post-Season Games start at 6:30pm (due to earlier sunset)

REGULAR SEASON

May 23 (Game 1)

May 30 (Game 2)

June 6 (Game 3 & Picture Day)

June 13 (Game 4)

June 20 (Game 5)

June 27 (Game 6)

*** WEEK OFF FOR 4th of July Holiday ***

July 11 (Game 7)

July 18 (Game 8)

July 25 (Game 9)

POST-SEASON

Aug 1 (Semi-Finals Game 1)

Aug 8 (Semi Finals Game 2)

Aug 15 (Championship & Dead Tree Bowl)

Dead Tree Bowl will have an earlier start time of 5:30pm.

End of Season Awards Party

Saturday, August 24 @ 6 pm

Benjamins Restaurant

**Pre-Season Events and Award Party dates are subject to change. Please watch for email and social media announcements!*